The preschool pickup handoff

Start with safety and an available adult. Save detailed problem-solving for a calmer moment.

A phrase to try: "I'm here. We can take a moment." This is an example, not a script that must work. Notice what happened without guessing why.

Who is collecting today:

First practical thing we need to do:

A safe place to pause, if available:

What preschool staff need us to know:

Who can support the adult, if needed:

LATER, WHEN THINGS ARE CALMER

What we observed / what we still do not know:

One practical question for the next handoff:

Keep names, locations and routines private. Persistent concerns: speak with your support team.

Source: CDC - Emotion Coaching.
www.cdc.gov/parenting-toddlers/noticing-and-naming/emotion-coaching.html